

Have you had a flu shot yet? Protect you and your loved ones today. Walk in or book a visit at any CityMD near you. [Find a location](#) today.

In The Know

December 2025



Cold sore treatment: what works for fast relief and healing.

That tingling on your lip can only mean one thing—a cold sore is coming. Wondering how to stop it fast? Learn which treatments actually work, how to speed up healing and when to see a doctor for extra help.

[Learn more](#)



It's not too late. Why you should get the flu shot now.

[Learn more](#)



Asthma attacks in kids: how to respond and when to get help.

[Learn more](#)

Now Open: CityMD in Franklin, NJ

Feeling sick? Need a sports physical? Have a women's health concern that can't wait? Visit us at our new location in Somerset County! Walk in or book a visit.

[Learn more](#)

Get back to doing what you love. Watch our video.



Need to follow up with a specialist? At our care partner, Summit Health, our orthopedic team is here to support you every step of the way. Check out this quick video to see how they can help you recover fully and safely.

[Watch now](#)

Urgent care corner

[Impetigo in kids](#)

[Football injuries 101](#)

Missed one our latest free virtual webinars?

From menopause wellness to gut health to knee and foot pain, our specialty partners at Summit Health tell you what you need to know to get back into action. Don't wait – tune in or watch our educational webinar recordings.

[Watch Now](#)

Stay tuned: Our 2026 patient webinar lineup will be coming soon!



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Locations Patient portal



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