

Need a flu shot? We've got you covered. Walk in or book a visit at any CityMD near you. [Find a location](#) today.

In The Know

October 2025



5 things to know about this year’s flu shot

Flu season is on its way — and getting a vaccine is the best way to protect you and your family. Last year was the worst flu season in more than a decade. Find out what you need to know and how CityMD can help.

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What is exercise-induced asthma?

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Urgent care corner



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Join us for a complimentary virtual webinar

Get Back on Your Feet: Relief for Foot & Ankle Pain
Tues, October 21, 6:00-6:45pm ET

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