

Need a flu shot? We've got you covered. Walk in or book a visit at any CityMD near you. Find a location today.

In The Know

October 2025



5 things to know about this year's flu shot

Flu season is on its way - and getting a vaccine is the best way to protect you and your family. Last year was the worst flu season in more than a decade. Find out what you need to know and how CityMD can help.

Learn more



What is exercise-induced asthma? Learn more



Playground safety: tips for kids Learn more

Urgent care corner

Spider bites: tips and treatments



Hand, foot and mouth disease: guide for parents

Join us for a complimentary virtual webinar

Get Back on Your Feet: Relief for Foot & Ankle Pain Tues, October 21, 6:00-6:45pm ET

Learn more



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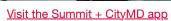
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