

Flu shots are here! Walk in or book a visit and get your yearly flu protection at any CityMD near you. [Find a location](#) today.

In The Know

September 2025



Stay safe on two wheels: electronic bike and scooter tips.

Electronic bikes and scooters are more popular than ever. From helmet tips to traffic rules, here's everything you need to know to stay safe and how CityMD can help if something goes wrong.

[Learn more](#)



Need a sports physical ASAP?
Walk in or book a visit.

[Learn more](#)



Strep throat: what parents should know this school year.

[Learn more](#)

Urgent care corner

 [Is it allergies or a cold?](#)

 [How long does poison ivy last?](#)

Coming soon: CityMD in Somerset County's Franklin Township.

Visit our new location at 625 Somerset Street opening Sept 15th! Walk in or book a visit.

[Learn more](#)

Join our virtual webinars and learn about the latest health topics.

Have you checked out our latest complimentary virtual webinars? From gut health to knee and foot pain, our experts tell you what you need to know to get back into action. Don't wait – tune in or watch our recordings if you can't attend the live event.

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