

In The Know

July 2025



Why is my tongue tingling?

Wondering why you have a weird, tingling feeling on your tongue that won't go away? It's usually harmless, but this odd sensation can mean something more. We discuss potential causes and how CityMD can help.

[Learn more](#)



What happens if you step on a nail or sharp object?


[Learn more](#)




Need STD testing or treatment? Just walk in.

[Learn more](#)

Urgent care corner

 [Chickenpox in adults: how to stay safe.](#)

 [Flu in children: how to spot symptoms.](#)

Join us for a complimentary virtual webinar

From Ache to Action: Your Guide to Knee Pain.
Thurs, August 21, 6:00 – 6:45 pm ET

[Count me in!](#)

Need urgent care as early as 7am or late as 11pm? Walk into a CityMD Supersite.

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