

In The Know

February 2024



How long does bronchitis last?

From older adults to young children, it can take time to recover from a persistent cough. We explore how long bronchitis lasts, tips to find relief and ways CityMD can help.

[Learn more](#)



Winter tips to keep you safe.

[Learn more](#)



When is pink eye contagious?

[Learn more](#)



A connected care patient story: Summit Health and CityMD.

Heidi suffered from hip pain for years until the teams at CityMD and Summit Health orthopedics worked together and got the dancer back on her feet.

[Learn more](#)

How long is the wait?

We know you are busy – that is why CityMD gets you in and out, and back to your life in under 30 minutes at most locations. And now, you can even check out our NEW live estimated wait times.

[Find a location](#)

Urgent care corner



[What is a stress fracture?](#)



[Pediatric orthopedic care at CityMD.](#)



[How to prevent carpal tunnel syndrome.](#)



[Can gonorrhea go undetected?](#)

Illness and injury don't wait for a convenient time.

CityMD has sites that are open as early as 7am and as late as midnight. Check out the following locations:

| | |
|-------------------------------|----------------------------|
| Astoria | Nanuet |
| Bellmore | Paramus |
| Bergen Beach | Park Slope |
| East 86th | Richmond |
| Farmingville | Riverdale |
| Fresh Meadows | Sayville |
| Jamaica | Union |
| Lake Grove | West 57th |
| Lindenhurst | West 88th |
| Lynbrook | Yonkers |

Resources on the go



[Visit the Summit + CityMD app](#)



[Find a CityMD](#)

[Locations](#) [Patient portal](#)



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