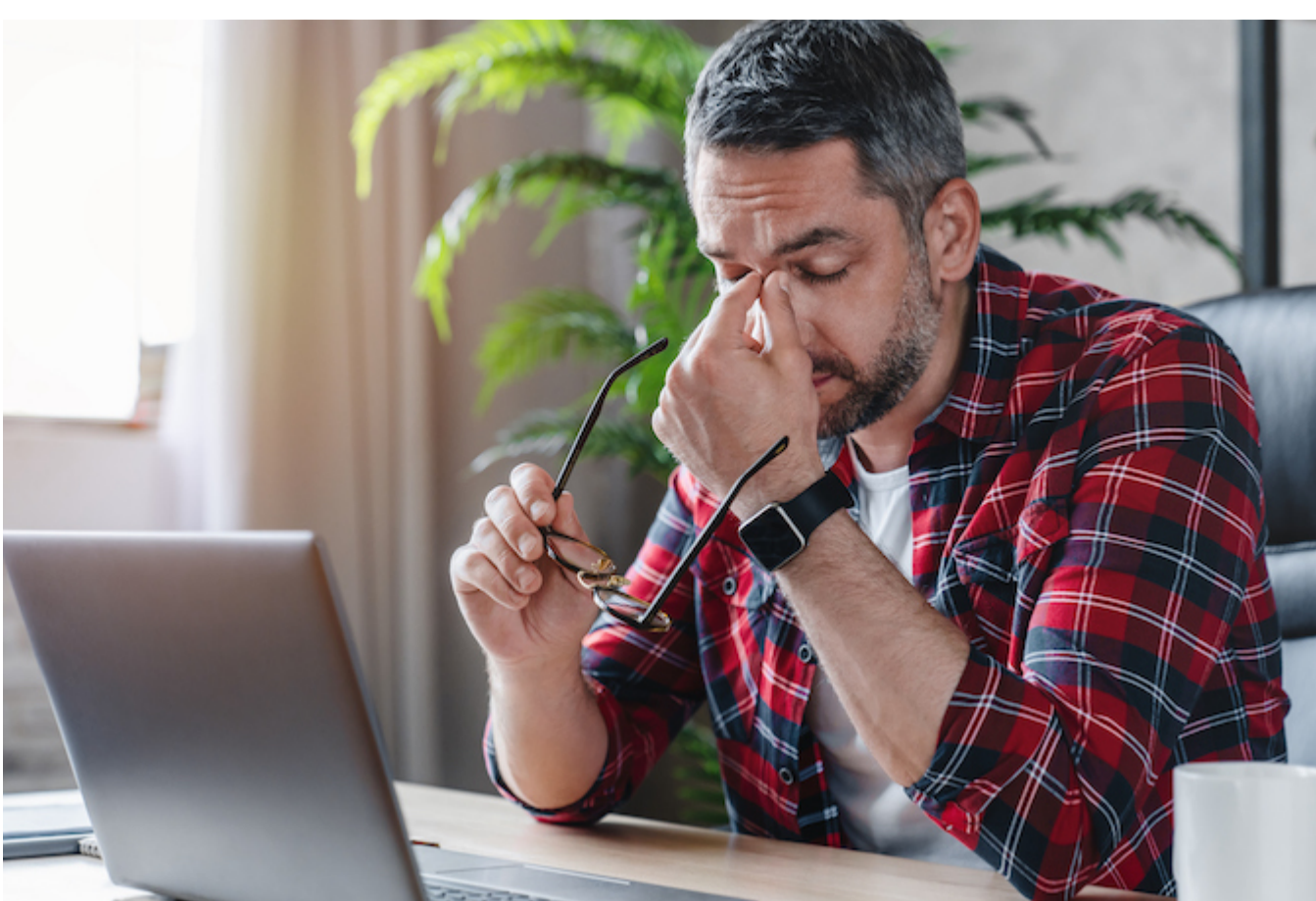


In The Know

November 2023



Why does my head hurt?

Pounding, pulsing, and persistent. We explore why headaches happen and ways you can find relief. And remember, if you need advice, your local CityMD is always here to help.

[Learn more](#)



Stomach flu 101

[Learn more](#)



Should you pop a blister?

[Learn more](#)



Meet our grateful patient.

When Andres experienced an injury at work, the connected care team at CityMD and Summit Health partnered together to get him back in business.

[Learn more](#)



Stop by for your flu shot.

Now is the perfect time to get your yearly vaccine. Just walk into any CityMD location whenever it is convenient for you.

[Learn more](#)



Walk in when you need us.

Our newest locations look forward to caring for you soon:

[Bloomfield \(11/27\)](#)

Urgent care corner



[How to stop a nosebleed.](#)



[Treating a pulled back muscle.](#)



[How long does a fever last?](#)



[Why does my knee hurt?](#)

Resources on the go



[Visit the Summit + CityMD app](#)



[Find a CityMD](#)

[Locations](#) [Patient portal](#)



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