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The Connection Between Brain and Heart Health

With aging comes increasing concern about brain conditions such as dementia, Alzheimer's disease, and stroke risk. But what many people may not realize is that there's a link between brain and heart health. Many risk factors that are known to contribute to the development and progression of heart disease are also involved in brain disease.

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How to Stop that Irritating Eye Twitch



8 Signs Your Child Should See an ENT

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